



**Wednesday
September 11,
2024**

Heritage Woods Secondary

“WE ARE KODIAKS”



Bell Schedule

Block 1	8:00 – 9:12
Block 2	9:16 – 10:28
FLEX	10:28 – 10:57
Block 3	11:01 – 12:13
LUNCH	12:13 – 12:53
Block 4	12:57 – 2:09
Block 5	2:13 – 3:25

Terry Fox School Run

This year, our school is proudly taking part in the annual Terry Fox School Run to continue Terry's dream of a world without cancer.

Please support our school's fundraising efforts today!

<https://schools.terryfox.ca/HeritageWoodsSecondary>



Thursday, September 19, 2024

STUDENT COUNCIL

Are you interested in representing your grade to promote a positive culture in our school?

Roles and Responsibilities

- be a role model and to Heritage Woods students and represent the school mission statement
- listen to students' opinions and bring suggestions to the council
- bring positive changes to the school environment

Application forms Due Sept 18TH

Scan the QR code for more information.



Show your KODIAK PRIDE on
FRIDAY by wearing the
following colours to our
SPIRIT ASSEMBLY!

- **Grade 9** – WE ARE KODIAKS T-shirts
- **Grade 10** – WHITE
- **Grade 11**- GREY
- **Grade 12** - BLACK OR KODIAK GEAR (any sports or club or KODIAK gear)
- **Teachers** – WE ARE KODIAKST-shirt or KODIAK GEAR



New Music Students

Instrumental and Vocal Students

If you are interested in joining a music class, please sign-up with a music teacher asap (102)



It's not too late to sign-up!



Music Students & Parents

Instrumental and Vocal Students

Meeting

Wednesday, Sept. 11

7:00 pm – grade 9 and new students & parents

7:30 pm – Everyone – grade 9-12

HWSS Theatre

For all Band (Concert and Beginners), Jazz Band, String (Orchestra),
Concert Choir, and Vocal Jazz Students.



HWSS MUSIC RETREAT

WHO?

BEGINNING CONCERT BAND
GRADE 9S
NEW STUDENTS
STRINGS

WORKSHOPS AND GUEST
CLINICIANS WILL BE COMING
IN TO WORK WITH US!

WHAT?

WHEN?

SATURDAY,
SEPTEMBER 21ST
10:AM - 3:00PM
COST: \$50

HERITAGE WOODS
SECONDARY SCHOOL

WHERE?

MC, PT HELP WILL BE NEEDED

CONTACT [KFESTER@SD45.BC.CA](mailto:kfester@sd45.bc.ca) FOR MORE DETAILS



CAMP *Capilano*

19-20 SEPT 2024

VOCAL JAZZ, MUSIC COUNCIL, PEER TUTORING

**FEE: \$150 LEAVE SCHOOL @12:00 THURSDAY,
ARRIVE BACK @1:00PM FRIDAY**

FIRST COME FIRST SERVE! LIMITED SEATS AVAILABLE

**DEADLINE FOR FORMS IS NO LATER THAN
SEPT 12TH OR BEFORE**



QUESTIONS: KFESTER@SD43.BC.CA

PARENT/STUDENT MEETING

**Wednesday,
September 11th
@HWSS Theatre**

7:00pm for grade 9s
and all new students
and parents
7:30pm for all students
and parents

Contact

For more information
contact:
kfester@sd43.bc.ca

Agenda

- Schedule
- Folder orders
- T. shirt orders
- Uniform-try shirts on
to exchanges
- Tours/trips/retreats
- Fundraising
- What/Why/How
and more!

FLEX_{pectations}

FLEX is instructional time, not a break!



- Attend one of the classes in your current schedule
- Library (limited space for QUIET work)
 - * NOT a space for groups to hang out
- Grade 12s ONLY in the Grand Hall

No homework?
Read, Study, Review

STUDENT PARKING PASSES

Reminder to students who are driving to school and parking in the school parking lots.

Please come to the HWSS main office to register your vehicle and receive a PARKING PASS to be displayed in vehicle. Usually hang from rear view mirror.





Fragrance Free

Reminder to all that SD43 is Scent Aware, and as such the district is asking for cooperation towards a scent reduced environment.

All staff, students and visitors are strongly encouraged to avoid or reduce the use of fragranced products, and to replace them with unscented alternatives.

CLUBS



CLUBS

Are you interested in starting or running a club at HWSS this year?

Scan the QR code and complete the club application form to get your club started.

Clubs Day Sept. 26 – make sure to complete this form so that your club will be promoted.

Club Application Form 2024-2025



KODIAK ATHLETICS



Senior Boys Soccer

- Senior Boys soccer sign up outside the PE office
- Tryouts will be **Tuesday September 10 & Thursday September 12.**

September 12



Friday
September 13th
6:45-8:30am

Senior Boys Basketball Tryouts

“WE ARE KODIAKS”

September 13

CAREER CENTER





FROM DATA TO DIAGNOSIS:
NAVIGATING DIGITAL HEALTH

Mini Med School Opportunity

- Join us for **Mini Med School 2024** as we explore how cutting-edge technology is transforming healthcare and personalized care. You'll have the opportunity to discover the latest innovations and practical applications in generative AI, data analytics, online healthcare platforms, and simulated training tools as we learn how digital health is shaping the future of medicine.

Mini Med School will be scheduled from **6:30-8:00 pm** on the following Wednesdays: **October 16, October 23, October 30 and November 6.**

- Grade 11-12 students across BC and the Yukon will have three ways to participate:

Mini Med School In-Person: Interact with researchers and clinicians in-person at BC Children's Hospital.

Mini Med School Virtually Live: Engage with researchers and clinicians at BC Children's Hospital virtually in real-time.

Mini Med School On-Demand: Participate when it works for you! Watch previously recorded lectures online.

- NEW!** The Mini Med School application process is now competitive and comparative. We're looking for motivated and inquisitive students who show a demonstrated interest in being part of this unique program. Your selection will depend on your answers to the application questions. Students will also need to list a sponsor teacher to support their application.

The registration form will be posted from **Monday, September 9, 2024 at 9:00am to Friday, September 27, 2024 at 11:59pm.** Students can submit the registration form any time during this period. For more information, see the Mini Med School website: <https://bcchr.ca/events/mini-med-school/mini-med-school-vancouver>

- For questions about Mini Med School, please email researchevents@phsa.ca.

Interested students please see Mr. Baldus

Gairdner High School Symposium

<https://cmmt.ubc.ca/2024/06/07/save-the-date-2024-vancouver-gairdner-national-symposium-october-21-2024/>



Gairdner High School Symposium

Organized by the Centre for Molecular Medicine and Therapeutics, the [Gairdner High School Symposium](#) is a half-day event held each fall that gives secondary students and teachers the opportunity to interact with [Gairdner award-winning scientists](#) and BC Children's Hospital researchers.

This event is scheduled for **Monday, October 21, 2024**. Grade 10-12 students can participate [in-person](#) or [virtually](#) in real-time.

The registration form will be posted for 14 days from **Monday, September 9, 2024 at 9:30 am to Sunday, September 22, 2024 at 11:59 pm**. Students can submit the registration form any time during this period. For more information, see the [symposium webpage](#), [registration guidelines](#) or contact Jessica Shum at jshum@cmmt.ubc.ca.

Discovery Days in Health Sciences

<https://www.cdnmedhall.ca/BCCHRI2024>

- Discovery Day will allow high school students (grades 10 and 11) to explore careers in medicine and health sciences. Participants will attend a dynamic keynote lecture, take part in two interactive workshops (pre-selected from a catalogue of options) and join in a discussion with a diverse panel of academics, researchers and health-care professionals who'll share all about their careers.
- Event happens November 7th.
- Registration per school is limited.
- Interested students must speak to Mr. Baldus before Sept. 19 for information on how to apply for a spot to register.



Canadian Medical Hall of Fame

Discovery Days
in HEALTH SCIENCES

Discovery Days in Health Sciences

Organized by the Canadian Medical Hall of Fame and hosted by BC Children's Hospital Research Institute, [Discovery Days in Health Sciences](#) is a one-day event that gives secondary school students and teachers the opportunity to explore a variety of career options in medicine and the health sciences. The day includes a dynamic keynote lecture, hands-on workshops, and a career panel discussion. Students gain a clear picture of what it would look like to be a health professional by interacting with researchers, clinicians and educators in their real-life work setting.